

OUTREACH SERVICE

We are the Sexual Health Hertfordshire Outreach Service

***** All tests and consultations are confidential *****

Contraception

We are offering help and support with Contraception, and can provide you with all types! (Although some might require a clinical space to fit)

Testing for Sexually Transmitted Infections

We also offer testing for Sexually Transmitted Infections such as:

- HIV, Syphilis, Hepatitis B

These can be tested with a quick and easy Blood Test! We offer venous bloods (from the vein in your arm) or via a finger prick

- Gonorrhoea, Chlamydia

Gonorrhoea and Chlamydia can be taken by you!

They are tested with a self-taken swab or urine sample. We'll tell you how to take the test and direct you to the nearest facilities and it's easy as that!

How soon can I get tested for STI's after unprotected sex?

The time frame for taking an STI test varies based on the incubation period for the infection. Check out the list below to find out the best time to take an STI test **PTO**

Chlamydia and Gonorrhoea – 2-3 weeks

HIV – 4 weeks

Syphilis – 6-8 weeks

Tests will be sent to our fast and reliable lab! They will analyse the samples you provide and get a text message sent to you within a week! (We can also contact you in several different ways)

You'll either receive a message saying "Your results are all Negative."
or you may receive a message saying "Please contact the Health Advisor" – but don't worry unnecessarily! This could mean we simply want to talk to you 😊

Either way, we'll be here to support you with any help you may need!